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Environmental Protection Agency

National Waste Water Quality Guidelines

MALDIVES

WASTE WATER QUALITY GUIDELINES

Final

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PREFACE

“Waste water is one of the by-products in households and many industries which use water in a non-consumptive manner. It is also perceived to have very little value. It is therefore easily discharges in a least cost manner, without considering the total impact, including the economic impact, on the environment in which it is discharged.

In many instances, the emphasis is places on low production cost with maximum profit. Developing countries are usually targeted for this approach because disposal of domestic and production waste is perceived not to be high on their priority list.

In the case of the Republic of Maldives will a two pronged approach in waste water management. On the one hand government has taken a deliberate decision to protect its natural resources and citizens against the irresponsible discharge of waste water. An example of government’s attention is the signing of the Islamabad Declaration.

The government of the Republic of Maldives will follow a two pronged approach in waste water management. On the one hand government will set waste water guidelines for domestic and industrial waste. The purpose of guidelines is to guide individuals, organizations, licence holders, governments and regulators on the best way to achieve water quality goals for sustainability. On the other hand individuals, organizations and licence holders will have to prove to government and the regulator that they are following international best practice in terms of Cleaner Production.”

The Guidelines were compiled taking into account the complexity and the nature of waste water and its interaction with the different environments into which it is discharged. It was therefore decided to define guidelines for waste water discharge based on its origin, the environment into which it is discharged and its effect on the most sensitive user of that receiving environment.

In this regard an application to discharge waste water should not only be based on the competence of the applicant to comply with the prescribed maximum values in the guideline. The applicant will also have to prove to government that the production of waste water is according to best Clean Production principals and that the waste water will not jeopardise the sustainable use by the most sensitive water user in the receiving environment.

These waste water guidelines are therefore only guidelines. The guidelines will be used by government as one of the tools to protect its people and environment as well as to ensure sustainable use natural resources.”

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Abstract

Without water no life is possible. Water is used to sustain life. In the modern world water is also used for secondary activities, such as industry and agriculture. After any non-consumptive use of water, water is released back into the environment. This used water, referred to as waste water, contains many waste products at concentrations which could limit the fitness of use of the water by other users, such as for drinking or sustaining the natural environment. The purpose of the guideline is to assist all stakeholders in the water cycle to manage the discharge of waste water in such a way that it does not limit water's fitness for use by the different water users.

The guideline suggests specific values of the maximum concentration that can be tolerated by future users of each parameter potentially present in waste water. These values may not be exceeded when treated waste water is released back into surface water, ground water or into deep sea. The values are generic and should be used together with Environmental Impact Assessments and clean Production Protocols to finalise the licence for the discharge of specific waste water.

In addition, frequent monitoring of the receiving water body will assist the Regulator with evaluation of any unforeseen water quality impacts and changes needed in discharge licence conditions can readily be quantified where required.

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Definitions

Technical terms, abbreviations and any other words that may cause confusion are explained in this section.

- **Waste Water:** Waste water is water produced and discharged by any water user as a result of the non-consumptive use of water, for example to flush the toilet or to wash clothes. The quality of the waste water has usually been changed as a result of the specific use of the water
- **Non-consumptive use of water:** No or very little water is lost due to the use of water for a specific purpose, for example toilet flush, bathing or washing dishes
- **Fit for Use:** Water quality has to be better than certain specified maximum physical characteristics (specific temperature, colour, smell and turbidity levels) and not exceed the particular prescribed maximum concentration of chemicals and organisms, to be fit for a specific use
- **Water user:** Not only humans need water to survive, any organism or activity that requires water can be regarded as a water user. The water quality requirements of the different water users also vary, with the requirement of drinking water for humans and specific sensitive organisms such as coral, being the most stringent
- **Waste Water Agency:** Any group of people, business, international aid organization, national or local government unit that is responsible for the treatment of any kind of waste water
- **Receiving environment:** Any place into which waste water can be discharged, for example the sea, river, lagoon, ground water and land surface.
- **Components:** In addition to Hydrogen and Oxygen, water is made up of different other components such as different metals, material from plant and animal origin and very small animals and plants.
- **User:** Any person, industry, organization or any part of the natural environment which depends on water to sustain its life or function.
- **Sustainable:** Maintain the present condition for a long period of time
- **Licence holder:** A person or institution which has been granted permission to discharge waste water in accordance with the National Waste Water Guidelines
- **Clean(er) Production:** International best practice used by industry during the production of goods, limiting pollution and its effect on the environment
- **Environmental Impact Assessment (EIA):** Formal assessment, in accordance with the prescriptions of international or local agencies, as appropriate, of the impact that development or the status quo may have on the natural and social environment, and identification of mitigation measures that have to be implemented

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Guidelines

What is a “Guideline”?

To be successful in life and business today, including water cycle management, specific goals or wanted outcomes /end states have to be formulated. To assist with the achievement of the goals / reaching the desired end state, objectives and principles have to be decided upon. These objectives and principles help to project the future in terms of the what, why, when and where. Guidelines on the other hand direct, steer and channel action to ensure the achievement of the goals that were set. Guidelines also provide practical measurement tools towards controlling activities which may negatively influence the desired end state (goal).

Water related guidelines provide water quality measurements that support the water management goals, objectives and principles of any national authority. Guidelines provide quantifiable quality measurements to describe fitness of use for a specific water user (for example drinking water or water for diving). Guidelines furthermore also provide quantifiable quality measurements for substances that are released into the aquatic environment, thus ensuring the receiving aquatic environment does not become unfit for use as defined by the management goals.

1.1 What are Guidelines not?

Guidelines should not be confused with implementation plans. The application of the guidelines, in terms of how and under which conditions exemptions will be granted, how reports should be complied and many other practical implementation issues, should be separately addressed in an implementation strategy and plan.

The implementation plan defines procedures for exemptions, durations therefore, stricter quality conditions and many other practical issues that may be of an individual and or institutional nature.

“A guideline is similar to a ruler; don’t change or bend the ruler to fit a situation – it will break. Implement the yardstick with the necessary sensitivity and diligence to ensure the desired outcome”

2. Why do the Maldives need a national Waste Water Quality Guideline?

The water resources of the Maldives are unique in more than one respect. The marine environment with its unique fauna and flora, is responsible for main revenue earned by the Maldives. For many centuries the fresh water lense in the groundwater has supported human activities.

The increase in human and industrial activities in the Maldives has placed the quality of the marine and ground water resources under threat. This is due to increased volumes of non-consumptive water use, resulting in increased volumes of poor quality waste water being discharged into the water environment.

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Given the anticipated developments in the Maldives, the Ministry of energy, Environment and Water (MEEW) has requested the Maldives Water and Sanitation Authority (MWSA) to develop waste water quality guidelines and to use these guidelines as part of a set of waste water management tools, to regulate waste water discharges into environment. This will be done in an attempt to manage the valuable water resources of the Maldives for a sustainable fitness for use.

3. Who will be using this Guideline?

The authority administering this guideline will be the Maldives Water and Sanitation Authority (MWSA). The MWSA shall base its assessment of the suitability and acceptability of waste water quality being discharged into the environment after consideration of its microbial content, and its physical and chemical properties as indicated in this guideline.

This guideline also be used by government agencies, private organizations and individuals who plan processing or upgrading projects, educational institutions, donors, NGOss and other entries. The following is a brief description of how the guidelines can be used by various users.

Government agencies: To assess whether the waste water that is discharged will damage the environment or the intended use of the environment into which the waste water is being discharged.

Waste water Agencies: To ensure that waste water complies with the specified limits in the guideline or decide when the treatment process need adjustment.

The Public: To provide information for the public to decide if waste water is of acceptable quality in their neighborhood.

Donors and NGOs: Provide information on acceptable levels for waste water treatment in development and other aid projects. Applicants wishing to use, connect to or operate a sewage system will use this guideline prior to applying to the MWSA for the necessary permission or permit.

Schools and Other educational institutions: To build an understanding of waste water quality and how to assess the impact of poor quality waste water; and provide the right information on water and waste water quality.

4. Approach followed for waste Water Quality Component Selection

The non-consumptive use of water always results in the change in concentrations of different components of water. In some cases components can be added that were not present in the water before use. If these components are present in the waste water at concentrations exceeding specified levels, the water will not be fit for that specific use[®].

For the purpose of waste water quality management, the use of water and the resulting waste water can be divided into two major categories (domestic and commercial/ institutional /industrial). Water used by households and discharged after use differs significantly from waste

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water discharged by industry. In addition the waste water quality discharged from different types of industries (tuna industry, canning and toilet paper industry) also can differ significantly from each other.

For the purpose of the First Edition of this waste water guideline the most common components of waste water were selected. **Appendix A1** lists some selected components, indicating the main user source, potential public health or waste water impact and the typical concentration expected in waste water from that source.

4.1 Differentiation between Domestic and Industrial waste water

Household waste water consists mainly of human excreta. The urine is referred to as yellow waste water and faeces are referred to as black waste water. The human wash water and wash water from the laundry and the kitchen are referred to as grey water. The domestic waste water is therefore higher in bacterial / virus/ pathogen –concentrations and lower in metal concentration than industrial waste water. The industrial waste water may be dominated by pharmaceutical by-products, synthetic or organic, and high levels of dissolved organic and/ or inorganic contaminants – all depending on the nature of the industry.

In terms of human health, human excreta contains a large variety of micro-organisms of which specific pathogens, bacteria and viruses can cause severe community epidemics if this waste is not treated properly. Cholera is a good example of the consequences suffered as a result of lack of control over human waste disposal. Human waste also contains high concentrations of nitrogen, phosphorous and organic material that are known to cause major environmental problems (e.g. eutrophication of fresh and sea water, oxygen depletion, bad odours) if not treated properly before discharge.

The contents of industrial waste waters will differ significantly depending on the nature of the industry. Waste water from metal / mechanical industries tends to have much higher metal and inorganic salts than human waste. Food processing industries such as the tuna industry tend to have high bacterial content, very high nitrogen and phosphorous concentrations as well as organic components that will deplete oxygen rapidly during the natural break down process.

In setting guidelines for waste waters it is therefore evident that the nature of each type of waste water and its origin has to be known before the regulator can set waste water quality guidelines that will protect the different water users in the environment into which the waste waters are being discharged.

Due to the complexity and the nature of waste waters and the interaction between the treated or non-treated water and the different environments into which it is discharged, it was decided to define guidelines for wastewater discharge based on its origin, the environment into which it is discharged and the effect the waste water could have on the most sensitive user of that receiving environment.

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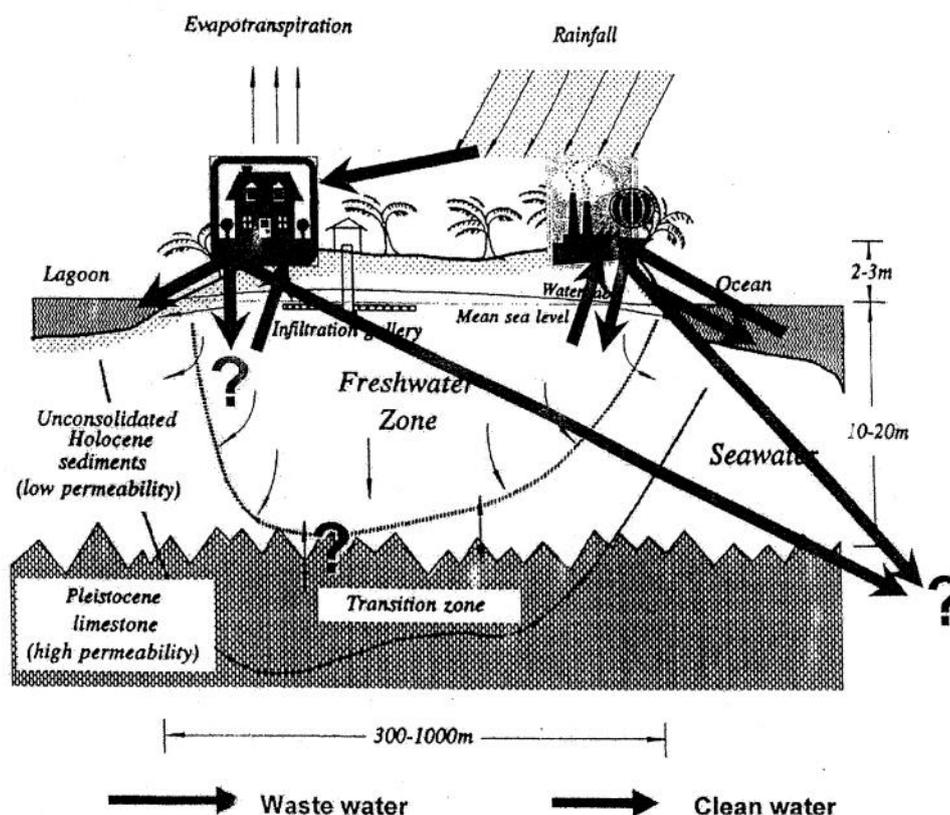


Figure 5.1: Main sources of water pollution and receiving areas of waste water

4.2 Exemptions and Special permits:

Before the 1900s, very governments were concerned about the effect of waste water discharge on the receiving environments and on the users of these receiving environments. The volumes of waste generated and the amount of non-biodegradable material did not warrant attention at the onset. It was only after deaths associated with polluted water or once people objected about unbearable odours that government officials, politicians and scientists started to actively manage waste water discharge by means of guidelines /regulations. The high number of diarrhoeal cases amongst young children and old people a few decades ago in the Maldives and the water quality history of the Thames River in the United Kingdom are prime examples of pressures for action, directly related to growing populations, in recent times.

For several decades now the impact on the environment of specific concentrations of pollutants and chemicals present in waste water has been recorded. The study of potential hazards inherent in waste water has internationally been instrumental in deriving and quantifying relationships between causes and effect, that can benefit users in a large range of settings.



Table 6.1: Maximum allowable concentrations in Domestic Waste Water for discharge into Deep Sea

Domestic Waste Water Component	Maximum allowable concentration	Remarks
Faecal coliforms	100 org / 100 ml	For less than 95% of samples taken
E. coli	1 org / 100 ml	
pH	5 – 9.5	
Suspended solids	150 mg/l	To prevent sludge formation on corals
Residual chlorine	0.1 mg/l	
Nitrates as N	15 mg/l	
Free and saline Ammonia as N	10 mg/l	
Ortho-phosphate as P	10 mg/l	
Surfactants	10 mg/l	
Conductivity	< surrounding sea water	Should be less or equal to surrounding sea water
Soap, oils and grease (food related)	5 mg/l	
Oils, grease and waxes	5 mg/l	
Chemical Oxygen demand	50 mg/l	After applying chloride correction
Biological Oxygen demand	40 mg/l	Five-day test
Phenolic compounds as Phenol	1 mg/l	
Sum of metals	5 mg/l	Cadmium+Chromium+Copper+Mercury+Lead
Acute toxicity	Zero	No constituents allowed in concentrations which are poisonous or injurious to aquatic life

5.3 Domestic Waste Water Quality for Surface Recharge of Ground Water

The water quantity requirement for domestic purpose in the Maldives has increased significantly. In many cases domestic water users are using more water from the ground water than is being recharged through natural processes. This has resulted in the depletion of the freshwater lens leading to an increased salt concentration as well as the increase of other components in the ground water.

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Dissolved Oxygen	75% saturation	
Phenolic compounds as Phenol	1 mg/l	
Arsenic as As	0.05 mg/l	<p>i. These concentrations will be allowed given that real time studies do indicate that there is not an increase in the concentration of these metals over time.</p> <p>ii. Iron above 0.2 mg/l may result in the staining of white clothes</p> <p>iii. Magnesium in excess of 30 mg/l may impair lathering of soap</p>
Calcium as Ca	80 mg/l	
Cyanides as Cn	0.5 mg/l	
Chloride as Cl	200 mg/l	
Sulphides as S	0.05 mg/l	
Sulphates	250 mg/l	
Fluoride as F	1 mg/l	
Sodium as Na	200 mg/l	
Zinc ad Zn	5 mg/l	
Cadmium as Cd	0.005 mg/l	
Mercury as Hg	0.02 mg/l	
Selenium as Se	0.05 mg/l	
Nickel		
Boron as B	0.5 mg/l	
Hexavalent Chromium as Cr	0.05 mg/l	
Total Chromium as Cr	0.5 mg/l	
Copper as Cu	1 mg/l	
Lead as Pb	0.1 mg/l	
Iron as Fe	1 mg/l	
Manganese as Mn	0.1 mg/l	
Magnesium as Mg	100 mg/l	
Aluminium as Al	0.3 mg/l	
Sum of metals	1 mg/l	Cadmium+Chromimun+Copper+Mercury+Lead
Acute toxicity	Zero	No constituents in concentrations which are poisonous or injuries to aquatic or human life

Note: Groundwater samples should be taken at least every three months. If an increase of the components in Table 6.2 confirmed, the relevant guideline values have to be lowered and or the waste water volumes used for recharge have to be restricted

6. Combined Domestic and Industrial water requirements for Deep Sea Discharge:

The Marine environment is the one of the most valuable assets of the Maldives. It is the driving force for the ecotourism in the Maldives, supports the fish industry and supplies a major food source to the local population.

No trade effluent shall be accepted for discharge into the deep sea outfall unless:

- The industry has proven to government that it is following best international Clean Production practice
- An Environmental Impact Assessment has been submitted, and
- The trade effluent complies with the following conditions (except when EIA motivated for exemption or stricter values). The effluent shall not contain concentrations of substances in excess of those stated in Table 7.1:-

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Table 7.1: Maximum allowable concentrations in Domestic and Industrial waste water for Deep Sea Discharge

Industrial Waste Water Quality Component	Maximum concentration	Remarks
Faecal coliforms	100 org / 100 ml	For less than 95% of samples taken. Clinical infections unlikely in healthy adults, but may occur in sensitive groups If the waste water contains any hospital waste, the waste water should also be tested for other pathogens (Ref 1 & 2 and appendix A1).
E. coli	1 org / 100 ml	
Suspended solids	150 mg/l	Prevent sludge build-up in reef sections
Residual chlorine	0.2-0.8 mg/l	Disinfection good; insignificant risk of health effects
Temperature	Not more than 44°C	
pH	5 – 9.5	
Nitrates as N	15 mg/l	May result in biological growth
Free and saline Ammonia as N	10 mg/l	
Ortho-phosphate as P	10 mg/l	
Surfactants	10 mg/l	
Conductivity	Equal or less than receiving sea water	To prevent salt build-up
Soap, oils and grease (food related)	5 mg/l	
Oils, grease and waxes (mineral origin)	5 mg/l	
Chemical Oxygen demand	50 mg/l	After applying for chloride correction
Biological Oxygen demand	40 mg/l	Five-day test
Dissolved Oxygen	75% saturation	
Phenolic compounds as Phenol	1 mg/l	
Arsenic as As	2 mg/l	These concentrations will be allowed given that real time studies do indicate that there is not an increase in the concentration of these metals over time.
Calcium as Ca	80 mg/l	
Cyanides as Cn	10 mg/l	
Chloride as Cl	200 mg/l	
Sulphides as S	1 mg/l	
Sulphates as SO ₄	250 mg/l	
Fluorides as F	1 mg/l	
Sodium as Na	200 mg/l	
Zinc as Zn	20 mg/l	
Cadmium as Cd	0.05 mg/l	

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Industrial Waste Water Quality Component	Maximum concentration	Remarks
Mercury as Hg	0.05 mg/l	
Selenium as Se	0.05 mg/l	
Nickel	10 mg/l	
Boron as B	0.5 mg/l	
Hexavalent Chromium as Cr	0.05 mg/l	
Total Chromium as Cr	3 mg/l	
Copper as Cu	3 mg/l	
Lead as Pb	5 mg/l	
Iron as Fe	5 mg/l	
Manganese as Mn	0.1 mg/l	
Magnesium as Mg	100 mg/l	
Aluminium as Al	0.3 mg/l	
Sum of metals	5 mg/l	
Acute toxicity	Zero	No constituents in concentrations which are poisonous or injurious to aquatic or human life

7. Monitoring

7.1 Design of monitoring programmes

For wastewater treatment plants to produce waste water that complies with this guideline, it is of paramount importance to monitor the waste water produced and the operational condition of the treatment works.

7.1.1 Waste Water:

Each Waste Water Agency or licence holders shall, as part of the application to MWSA to discharge waste water, submit a monitoring programme clearly indicating the following aspects:

- 7.1.1.1 Purpose of monitoring (should include aspects such as optimisation, cost effective operation, compliance to assure protection of users).
- 7.1.1.2 Components to be monitored against guideline and operational requirements for each sample point
- 7.1.1.3 Sample point location as per Geographical positioning System (GPS) reading (after each unit treatment process, final waste water and at point of discharge)
- 7.1.1.4 Sampling frequency of final waste water and at point of discharge.
- 7.1.1.5 Sampling method, sample transport conditions
- 7.1.1.6 Laboratory and analytical methods used
- 7.1.1.7 Data and information management

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9. Consumer Issues

In order to protect the rights of all users, wastewater treatment agencies are required to maintain a register of complaints and record of analytical results and investigations associates with each compliant. It is also required to publish these results in an annual report which should be available to all the users and general public.

10. Amendments to this guideline

MWSA will regularly update the information in this guideline. These changes and amendments and any additional sections as and when required, will constitute the waste water quality guideline at any point in time.

Changes and amendments to this guideline will only be instituted by MWSA.

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Annexure A 1: Supporting information

Waste Water Components	Source & Average Concentration		Reason for concern
	Domestic	Industrial	
1. Pathogen			Parasites, bacteria and viruses can cause communicable diseases by direct or indirect contact or digestion of contaminated water or shellfish. Pathogens can be transported for significant distances in ground water and surface waters
1.1 Total coliforms (org./100ml)	10 ⁸ -10 ¹⁰	Industry specific	Gastroenteritis: Vomiting, diarrhea, death in susceptible populations
1.2 Faecal coliforms (org. /100 ml)	10 ⁶ -10 ¹⁰		
2.Total suspended solids (mg/l)	150-330		Contributes to sludge that can fill up reticulation infrastructure, increase the chlorine demand as well as protect pathogens against disinfection. Sludge deposits smother benthic invertebrates and fish eggs can contribute to benthic enrichment, toxicity and sediment oxygen demand. Can limit light's penetration into water and lower the ability of aquatic plants to increase dissolved oxygen in the water column.
3. Nitrogen			Nitrogen is a plant nutrient that contributes to excessive aquatic plant growth and oxygen loss in sea and fresh water. High nitrate concentrations in drinking water cause methemoglobinemia in infants and problems in pregnancy
3.1 Nitrates, Nitrites (mg/l)	>1	>1	
3.2 Ammonia (mg/l)	>14	>14	
3.3 Total nitrogen	26-75	>30	
4. Orthophosphate and Total Phosphate (mg/l)	6-12	>12	Phosphor is a plant nutrient that stimulates to excessive aquatic plant growth. This is accompanied by increases in populations of bacteria and reduced oxygen levels for fish and other organisms. In domestic waste orthophosphate forms a large portion of the total phosphate concentration.
5. Chemical Oxygen Demand (mg/l)	500-660	>660	A measure of oxygen required by strong chemical oxidizing agents to oxidize organic material. High chemical oxygen demand implies little oxygen available for aquatic life and the presence of chemicals that may be dangerous to health.
6. Fats, oils and grease (mg/l)	70-105	Industry specific	
7. Surfactants (mg/l)	9-18	Industry specific	
8. Heavy metals		Industry specific	Cause various health problems if present in drinking water
9. Dissolved inorganic components			Chlorine and Sulphide can cause taste and odour problems in drinking water. Boron, sodium, chlorides and sulphate and other solutes may limit reuse of waste water (e.g. irrigation)

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Annexure B: Supporting Information

Other Discharge requirements for waste water discharge into Deep Sea:

To ensure that the above waste water quality guidelines protect the sea environment and the users thereof, other physical requirements are applicable at the point and area of discharge. Based on the EIA, the regulator may decide to specify site specific Dilution ration and Dispersion. The following may also be considered:

B1 Zone restriction

Any other activities will not be allowed within 1 km radius of the point of discharge. The point of discharge has to be clearly indicated at all locations from where users launch their activities.

B2 Impact assessment at point of discharge

An impact assessment of the point of discharge and a surrounding area with a 1 km radius has to be conducted on an annual basis by qualified Assessors approved of by MWSA. The report has to be submitted to MWSA before 1 July of each year.

In addition it will also be expected from the waste water discharge to publish the above findings in the public media before 1 August of each year.

Other discharge requirements for waste water discharge before Surface Recharge of Ground Water:

B3 Monitoring of surrounding ground water quality

The Regulator may request the licence holder to monitor the quality of the ground water closest to the point of waste water release. Samples should be taken once every two weeks for at least 3 months before the first releases of waste water and for at least a year after the first release.

Samples should be analyzed for those components that reflect the fitness of use as specified in Section 6.3. Data should be sent to the Regulator within two weeks of sampling.

B4 Regulating ground water abstraction

As part of the waste water licence conditions, the Regulator may decide to limit the volume of ground water abstracted by the licence holder. The Regulator may also request the licence holder to discharge its waste water as close as possible to its own point of abstraction.

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